

Snack Time Do's and Don'ts

If you would like to send a snack with your child each day, please make sure that it is a healthy snack. These snacks are not meant to be a replacement for breakfast. We try our best to teach the students about good nutrition. Thank you for your help.

Do send nutritious snacks such as:

granola or cereal bars
Gogurt
cheese and crackers
Goldfish, Ritz bits, etc
Fruit

Do NOT send sugary snacks such as:

cookies
candy
cakes and donuts

PLEASE SEND IN ONLY WATER BOTTLES, NO JUICE!

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