

Name \_\_\_\_\_

## Vocabulary

**Directions** Choose the word from the box that best matches each definition. Write the word on the line.

- |       |  |
|-------|--|
| _____ | 1. made by human skill or labor; not natural   |
| _____ | 2. manner of walking or running  |
| _____ | 3. having a physical or mental disability  |
| _____ | 4. the part of the body containing the stomach, the intestines, and other important organs |
| _____ | 5. person who specializes in the treatment of diseases, or injuries                        |

**Check the Words You Know**

- \_\_\_abdomen
- \_\_\_artificial
- \_\_\_gait
- \_\_\_handicapped
- \_\_\_therapist
- \_\_\_wheelchair

**Directions** Complete each sentence with the correct word from the box. Write the word on the line shown to the left.

- |       |   |
|-------|---|
| _____ | 6. Malik used a _____ because the muscles in his legs were not strong.  |
| _____ | 7. Every week, he went to an appointment with his physical _____, who helped him do exercises to strengthen his legs. |
| _____ | 8. He could walk on his own, but his _____ was still awkward.   |
| _____ | 9. They also worked on the muscles in his _____ and chest so he would not get a sore back.                            |
| _____ | 10. Malik never thought of himself as _____ because he worked so hard and could tell he was making progress.          |

## Write a Newspaper Article

On a separate sheet of paper, write a newspaper article about a person who has a disability or chronic illness. Write about the difficulties this person deals with every day. Use as many vocabulary words as you can.



**Home Activity** Your child identified and used vocabulary words from *Stretching Ourselves*. Read a story or nonfiction article with your child about someone who has a disability or a chronic illness. Discuss any unfamiliar terms that appear in the article.