

October 9, 2020

COVID-19 GUIDELINES FOR KEEPING YOUR CHILD HOME

- * **Fever 100.4 and above**
- * **New Cough**
- * **Shortness of breath or difficulty breathing**
- * **Fatigue from unknown cause**
- * **Muscle/body aches and/or chills**
- * **New onset of moderate to severe Headache from unknown cause**
- * **New loss of taste or smell**
- * **Sore throat**
- * **New Congestion or runny nose**
- * **Nausea or vomiting**
- * **Diarrhea**
- * **Abdominal Pain from unknown cause**

Students with COVID -19 like symptoms, who do not provide a healthcare provider's note (*from office visit dated the day sent home or later*) documenting an exam and an alternative diagnosis (*Strep., Flu A/B, allergies, etc*). **MUST complete 10 calendar days of isolation from the date of first symptom onset, and be fever-free for 24 hours without use of fever-reducing medications prior to return.** All other symptoms must be improved/gone before returning to school.

ALL siblings of the ill student (*even if feeling well*) will be sent home also. If a COVID test is chosen **NOT** to be done on the ill student, the siblings must isolate for 14 days instead of 10. If the ill student is cleared to return to school (*ie. Dr's note, negative COVID test*), the siblings may also return.

If a COVID test (*PCR preferred, not rapid*) **is done** on the ill student and is negative, a copy of the result needs to be sent to the Health Office. The student will then be able to return to class **the day after** the negative result as long as all symptoms are improved/gone. Any siblings that were sent home are not required to be COVID tested and may return the same day as long as they are not having symptoms.

IMPORTANT: If your child was EXPOSED (*within 6 feet, mask or no mask, for more than 15 minutes cumulative in one day*) to a COVID-19 positive student and has been sent home from school, they will need to remain at home for 14 days even if they have received and provided the health office with a negative COVID test result.