

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Menu Name: Millburn Elementary Lunch
Site: All Sites

Include Cost: No
Report Style: Detailed

Monday - 05/03/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990961 Cheddar Cheese Stick 1oz, Bongards, P-565041	2 Each	100	220	10.00	380	0	18.00	0.00	60	2.00	0.00	12.00	0	300.0	0.00	0.00
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	100	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72
000370 EGG,HARD-BOILED, Medium, P-439686	1 EACH	100	70	1.47	56	1	4.77	*N/A*	168	0.50	0.00	5.66	234	22.5	0.00	0.54
990059 Tomato, Cherry, Packer	1/4 Cup	100	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			587	12.29	815	*27	25.74	*0.00	235	59.55	5.23	28.94	*1418	*591.9	*29.51	2.25
% of Calories				18.84%		*18.4%	39.5%	*0.0%		40.6%		19.7%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Tuesday - 05/04/2021

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991004 Crispy Chicken Roll-Up, P-470164	Each	50	374	4.51	552	2	14.57	0.00	35	42.77	5.49	19.29	2147	67.8	78.94	3.47
990975 Crispy Chicken Roll-Up, Tyson, P-282832	Each	50	430	5.00	618	*3	17.80	0.00	25	47.30	8.10	19.20	8710	108.0	4.02	4.41
991053 Green Beans, FZ, USDA	1/4 Cup	100	10	0.00	0	0	0.00	0.00	0	2.00	1.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991013 Applesauce Cup, Unsweetened, P-437900	Each (1/2 Cup)	50	50	0.00	10	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	0.00	0.00
990204 Applesauce, Swtnd, West Creek, P-228600	1/2 Cup	50	90	0.00	15	18	0.00	0.00	0	23.00	2.00	0.20	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			599	5.50	765	*33	17.44	0.00	38	83.04	9.80	27.84	*6241	*325.4	*45.23	*3.94
% of Calories				8.26%		*22.0%	26.2%	0.0%		55.5%		18.6%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/05/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990518 Cheese Sandwich, Arbor B-38	1 Sandwich	100	360	10.00	1100	6	20.00	0.00	50	30.00	2.00	14.00	0	238.0	0.00	2.00
991009 Romaine Salad	1.5 Cup	100	12	0.03	6	0	0.21	0.00	0	2.32	1.48	0.87	6141	23.3	2.82	0.68
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			578	10.82	1399	*32	21.65	0.00	58	72.36	6.76	23.59	7075	520.2	29.33	2.96
% of Calories				16.85%		*22.1%	33.7%	0.0%		50.1%		16.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Thursday - 05/06/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990969 Bean & Cheese Dip	Each	100	205	5.28	588	2	9.76	0.00	25	18.99	5.32	10.40	1000	259.1	12.38	1.71
990544 Tortilla Chip, 1.6 oz bag, El Sabroso, P-583986	Bag	100	210	1.00	180	0	12.00	0.00	0	25.00	2.00	3.00	0	40.0	0.00	0.72
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

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Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			623	7.08	963	*30	23.24	0.00	33	84.90	11.62	22.35	6746	569.2	39.79	3.02
% of Calories				10.23%		*19.3%	33.6%	0.0%		54.5%		14.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/07/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990108 Turkey and Cheese Sub, MI Turkey P-433691	Each	50	339	6.03	1469	6	13.86	0.03	59	31.38	2.30	22.60	0	178.5	0.00	1.91
990904 Turkey and Cheese Sub, Jennie-O, P-26381	Each	50	331	6.40	909	5	14.22	0.03	55	28.66	2.30	21.62	0	152.3	0.00	1.66
990966 Spring Pea Salad, E-27	3/4 Cup	100	195	1.52	152	*2	6.82	*0.00	8	23.54	7.84	7.83	780	0.6	23.58	2.11
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	25	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990411 Raisins, Unswtnd, USDA, 30g	1 Box	25	114	0.00	4	23	0.00	0.00	0	30.00	1.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

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May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			763	8.48	1510	*48	22.11	*0.03	72	100.95	12.17	38.47	*1593	*409.1	*27.33	*4.05
% of Calories				10.00%		*25.2%	26.1%	*0.0%		52.9%		20.2%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Monday - 05/10/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990182 Strawberry Yogurt, Upstate Farms, P-74086	1/2 Cup	100	90	0.00	50	15	0.00	0.00	0	19.00	0.00	3.00	0	200.0	0.00	0.00
990698 String Cheese Mozz Stick, BONGARDS, P-574456	Each	100	80	3.50	200	0	6.00	0.00	15	0.00	0.00	6.00	0	150.0	0.00	0.00
990072 Mini Cinnamon Rolls, WG, Pillsbury, P-285458	65 g=1 Each	100	240	1.50	270	15	7.00	0.00	0	39.00	2.00	5.00	0	40.0	0.00	1.44
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

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Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			618	5.80	716	*58	14.48	0.00	22	98.92	6.30	22.95	5746	660.1	27.41	2.03
% of Calories				8.45%		*37.5%	21.1%	0.0%		64.0%		14.9%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Tuesday - 05/11/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990187 SunButter & Jelly Sandwich, B-89a	Each	95	634	4.00	540	33	34.00	0.00	0	64.57	10.00	18.00	0	78.0	0.00	*4.88
990928 SunButter and Jelly Sandwich, Sunwise, P-629236	Each-5.2 oz	5	610	4.00	590	18	34.00	0.00	0	56.00	7.00	20.00	0	59.0	0.00	10.00
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	100	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990414 Pears, Diced, Light Syrup, Canned, USDA 1/2C	1/2 Cup	95	60	0.00	5	12	0.00	0.00	0	16.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990274 Pears, Diced in Juice, P-229691	1/2 Cup	5	60	0.00	5	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	1.20	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

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Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			851	4.75	735	*60	35.47	0.00	8	106.41	13.18	27.43	*839	*315.8	*6.00	*5.30
% of Calories				5.02%		*28.2%	37.5%	0.0%		50.0%		12.9%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/12/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991056 Pizza Munchable, w/ Half Pita	Each	50	285	6.57	687	5	12.62	0.00	30	25.13	2.43	15.58	900	432.7	4.46	1.90
991061 Pizza Munchable, w/ Half Pita and Dip Cup	Each	50	297	6.57	719	6	13.62	0.00	30	26.55	2.50	15.65	502	452.7	6.00	1.62
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	100	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			526	7.37	892	*32	14.78	0.00	38	72.75	7.08	25.67	1661	702.9	33.93	2.18
% of Calories				12.61%		*24.3%	25.3%	0.0%		55.3%		19.5%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Thursday - 05/13/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990957 Chicken Salad, Diced Chicken P-372256	1/2 Cup	100	162	1.46	444	0	7.34	0.00	75	2.16	0.39	15.16	57	8.7	0.90	0.42
991055 Pita Bread Half, WG, Kronos, P-888838	1/2 Pita	100	95	0.50	155	0	2.50	0.00	0	15.50	1.50	2.50	0	50.0	0.00	0.90
990359 Romaine Salad	1/2 Cup	100	4	0.00	3	*N/A*	0.00	0.00	0	0.94	0.57	0.28	2410	11.3	1.02	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			439	2.71	919	*34	11.09	0.00	82	51.10	3.46	26.94	3579	327.6	32.67	1.98
% of Calories				5.56%		*31.0%	22.7%	0.0%		46.6%		24.5%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/14/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990955 Turkey & Cheese Sandwich, MI Turkey P-433691	Each	50	328	5.69	1501	6	13.68	0.00	59	29.85	1.93	23.17	0	164.2	0.00	2.43

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	50	300	5.75	875	5	13.18	0.00	48	27.10	1.93	19.29	0	136.7	0.00	2.11
990523 CELERY STICKS	1/4 Cup	100	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990411 Raisins, Unswtnd, USDA, 30g	1 Box	25	114	0.00	4	23	0.00	0.00	0	30.00	1.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	25	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	100	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			622	7.48	1567	46	21.74	0.00	66	78.97	4.55	30.02	*979	*408.4	*4.90	*2.49
% of Calories				10.82%		29.6%	31.5%	0.0%		50.8%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Monday - 05/17/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990518 Cheese Sandwich, Arbor B-38	1 Sandwich	100	360	10.00	1100	6	20.00	0.00	50	30.00	2.00	14.00	0	238.0	0.00	2.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990059 Tomato, Cherry, Packer	1/4 Cup	100	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	100	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			628	11.82	1334	*32	28.46	0.00	62	71.04	6.23	23.28	1184	507.4	29.51	3.00
% of Calories				16.94%		*20.4%	40.8%	0.0%		45.2%		14.8%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Tuesday - 05/18/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990108 Turkey and Cheese Sub, MI Turkey P-433691	Each	50	339	6.03	1469	6	13.86	0.03	59	31.38	2.30	22.60	0	178.5	0.00	1.91
990904 Turkey and Cheese Sub, Jennie-O, P-26381	Each	50	331	6.40	909	5	14.22	0.03	55	28.66	2.30	21.62	0	152.3	0.00	1.66
000256 BROCCOLI,raw: fresh	1/4 Cup	100	8	0.03	8	0	0.08	0.00	0	1.51	0.59	0.64	142	10.7	20.29	0.17
990408 Peaches, Sliced, L/S, USDA, 14g	1/2 Cup	50	60	0.00	10	11	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
991015 Peaches, Diced in Juice, P-862408	1/2 Cup	50	50	0.00	5	10	0.00	0.00	0	12.00	0.00	0.60	300	0.0	3.60	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001050 Mayo Packet, 9 gm, Americana, P-44589	Each	100	60	1.00	55	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			576	7.99	1427	32	22.38	0.03	70	62.03	2.89	31.06	*1104	*413.6	*25.84	*1.95
% of Calories				12.48%		22.2%	35.0%	0.0%		43.1%		21.6%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/19/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990975 Crispy Chicken Roll-Up, Tyson, P-282832	Each	100	430	5.00	618	*3	17.80	0.00	25	47.30	8.10	19.20	8710	108.0	4.02	4.41
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990523 CELERY STICKS	1/4 Cup	100	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990411 Raisins, Unswtnd, USDA, 30g	1 Box	25	114	0.00	4	23	0.00	0.00	0	30.00	1.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	25	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			678	5.77	942	*43	19.11	0.00	32	97.80	10.72	27.99	*9689	*366.0	*8.92	*4.64
% of Calories				7.66%		*25.4%	25.4%	0.0%		57.7%		16.5%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Thursday - 05/20/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991000 Turkey Ranch Roll-Up, MI Turkey, P-433691	Each	50	384	8.25	1481	6	17.36	0.00	60	36.78	3.00	21.44	0	168.7	0.00	1.94
991001 Turkey Ranch Roll-Up, Jennie-O, P-26381	Each	50	356	8.31	855	5	16.86	0.00	48	34.02	3.00	17.56	0	141.2	0.00	1.62
991016 BROCCOLI,raw: fresh	3/4 Cup	100	23	0.08	23	1	0.25	0.00	0	4.53	1.77	1.92	425	32.1	60.88	0.50
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991013 Applesauce Cup, Unsweetened, P-437900	Each (1/2 Cup)	50	50	0.00	10	10	0.00	0.00	0	14.00	2.00	0.00	0	0.0	0.00	0.00
990204 Applesauce, Swtnd, West Creek, P-228600	1/2 Cup	50	90	0.00	15	18	0.00	0.00	0	23.00	2.00	0.20	0	0.0	0.00	0.00
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			591	9.11	1496	37	18.61	0.00	61	77.93	6.77	29.52	1238	424.6	64.63	2.28
% of Calories				13.87%		25.0%	28.3%	0.0%		52.7%		20.0%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/21/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990969 Bean & Cheese Dip	Each	100	205	5.28	588	2	9.76	0.00	25	18.99	5.32	10.40	1000	259.1	12.38	1.71
990544 Tortilla Chip, 1.6 oz bag, El Sabroso, P-583986	Bag	100	210	1.00	180	0	12.00	0.00	0	25.00	2.00	3.00	0	40.0	0.00	0.72
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			623	7.08	963	*30	23.24	0.00	33	84.90	11.62	22.35	6746	569.2	39.79	3.02
% of Calories				10.23%		*19.3%	33.6%	0.0%		54.5%		14.3%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Monday - 05/24/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990961 Cheddar Cheese Stick 1oz, Bongards, P-565041	2 Each	100	220	10.00	380	0	18.00	0.00	60	2.00	0.00	12.00	0	300.0	0.00	0.00
990544 Tortilla Chip, 1.6 oz bag, El Sabroso, P-583986	Bag	100	210	1.00	180	0	12.00	0.00	0	25.00	2.00	3.00	0	40.0	0.00	0.72
990124 Salsa, Mild, Red Gold, P-886718	2 Ounces	50	20	0.00	140	2	0.00	0.00	0	4.00	1.00	0.00	1000	40.0	12.00	0.72
991065 Salsa Dip Cup, Red Gold, P-432328	Each (3oz)	50	25	0.00	195	3	0.00	0.00	0	5.00	1.00	1.00	0	20.0	0.00	0.72
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			648	11.80	896	*29	31.44	0.00	68	69.54	6.28	24.23	1434	628.9	32.51	1.72
% of Calories				16.39%		*17.9%	43.7%	0.0%		42.9%		15.0%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Tuesday - 05/25/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990957 Chicken Salad, Diced Chicken P-372256	1/2 Cup	100	162	1.46	444	0	7.34	0.00	75	2.16	0.39	15.16	57	8.7	0.90	0.42
991055 Pita Bread Half, WG, Kronos, P-888838	1/2 Pita	100	95	0.50	155	0	2.50	0.00	0	15.50	1.50	2.50	0	50.0	0.00	0.90
990359 Romaine Salad	1/2 Cup	100	4	0.00	3	*N/A*	0.00	0.00	0	0.94	0.57	0.28	2410	11.3	1.02	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			439	2.71	919	*34	11.09	0.00	82	51.10	3.46	26.94	3579	327.6	32.67	1.98
% of Calories				5.56%		*31.0%	22.7%	0.0%		46.6%		24.5%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Wednesday - 05/26/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991056 Pizza Munchable, w/ Half Pita	Each	50	285	6.57	687	5	12.62	0.00	30	25.13	2.43	15.58	900	432.7	4.46	1.90
991061 Pizza Munchable, w/ Half Pita and Dip Cup	Each	50	297	6.57	719	6	13.62	0.00	30	26.55	2.50	15.65	502	452.7	6.00	1.62
991053 Green Beans, FZ, USDA	1/4 Cup	100	10	0.00	0	0	0.00	0.00	0	2.00	1.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
990967 Fresh Fruit, Whole	1/2 Cup	100	78	0.05	1	*10	0.19	0.00	0	20.54	3.28	0.73	122	21.4	22.76	0.28
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			496	7.37	872	*32	14.56	0.00	38	65.88	6.75	24.84	*1635	*701.6	*31.74	*2.04
% of Calories				13.37%		*25.8%	26.4%	0.0%		53.1%		20.0%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

Thursday - 05/27/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990955 Turkey & Cheese Sandwich, MI Turkey P-433691	Each	50	328	5.69	1501	6	13.68	0.00	59	29.85	1.93	23.17	0	164.2	0.00	2.43
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	50	300	5.75	875	5	13.18	0.00	48	27.10	1.93	19.29	0	136.7	0.00	2.11
991050 CARROTS,BABY,RAW	1/4 Cup	100	12	0.01	27	2	0.05	0.00	0	2.88	1.01	0.22	4812	11.2	0.91	0.31
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991008 Mandarin Oranges, Asian Pride, P-548127	1/2 Cup	100	50	0.00	25	18	0.00	0.00	0	13.00	1.00	1.00	300	20.0	27.00	0.36
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			504	6.48	1532	41	14.73	0.00	61	63.85	3.94	30.45	5924	419.1	31.66	2.94
% of Calories				11.57%		32.5%	26.3%	0.0%		50.7%		24.2%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

Friday - 05/28/2021

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990960 SunButter & Jelly Wrap	Each	100	664	6.50	390	31	36.50	0.00	0	67.57	11.00	18.00	0	80.0	0.00	*4.32

Base Menu Spreadsheet

Portion Values

May 1, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000377 CUCUMBER,RAW, Sliced	1/4 Cup	100	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	100	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990411 Raisins, Unswtnd, USDA, 30g	1 Box	25	114	0.00	4	23	0.00	0.00	0	30.00	1.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*
991052 Raisins, Unswtnd, 1.5 oz Box, P-487929	Box 1.5 oz	25	126	0.00	4	25	0.00	0.00	0	33.57	1.12	1.12	0	22.4	0.00	0.60
990407 Cranberries, Dried, USDA, 28g	Package	50	110	0.00	0	24	0.00	0.00	0	28.00	3.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990570 Milk, 1% Lowfat, White, Dean's Dairy Pure	Half Pint	25	110	1.50	130	12	2.50	0.00	10	13.00	0.00	8.00	750	250.0	0.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	25	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
990571 Milk, Chocolate, Skim, TruMoo	Half Pint	25	120	0.00	180	18	0.00	0.00	5	20.00	0.00	8.00	750	250.0	15.00	0.00
990264 Milk, Fat Free Plain, Dean's Dairy Pure	Half Pint	25	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
Weighted Daily Average			910	7.27	685	71	37.80	0.00	8	117.60	13.24	26.71	*834	*327.3	*4.70	*4.54
% of Calories				7.19%		31.2%	37.4%	0.0%		51.7%		11.7%				
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	615	7	1067	*39	21.46	*0.00	58	78.53	7.60	27.08	*3462	*475.8	*28.90	*2.92
% of Calories		10.95%		*25.4%	31.4%	*0.0%		51.1%		17.6%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.